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# COOLING CENTERS

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Note: For more information about the cooling centers, **contact the Detroit Health Department at (313) 876-4000.**

## **CITY OF DETROIT COOLING CENTERS OPEN DURING EXTREME SUMMER HEAT**

When the summer heat reaches extreme temperatures, it is critical to take steps to keep cool and prevent heat illness. The Detroit Parks & Recreation Department and the Detroit Public Library have cooling centers available that provide air-conditioned comfort and protection from the heat. The cooling centers are open throughout the summer during excessively hot days. Please see the information below for the locations and hours of cooling centers, followed by tips on keeping cool in summer's heat.

When temperatures rise above 90 degrees, everyone is at risk, but the elderly and the very young are most susceptible to heat and heat-related illness. Signs of heat-related illness include headache, dizziness, nausea, heavy sweating, confusion and pale or flushed skin. The American Red Cross recommends the following treatment for people suffering from heat-related illness:

- Move the victim to a cool place.
- Give him or her cool water to drink.
- Apply ice packs or cool wet cloths to the skin.
- If a victim refuses water, vomits, or loses consciousness, call 9-1-1 immediately.

## **Tips for preventing heat-related illness**

- Stay indoors if possible. Stay in an air-conditioned place. If your home does not have air-conditioning, go to a public place that does, including the City of Detroit cooling centers. If outside, stay in the shade.
- Drink water. Even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body.
- Wear light-colored clothing. (Avoid wearing black clothes, especially if you're in direct sunlight.) Loose fitting, lightweight, light-colored clothing reflects heat. Protect yourself from the sun by wearing a wide-brimmed hat and sunglasses.
- Never leave a person, especially children or the elderly, or a pet in a closed, parked vehicle. The temperature inside the car can become 30 to 40 degrees hotter than the outside temperature.
- Slow down and avoid strenuous activity. If you must work outside, take frequent breaks.
- Visit at-risk people twice a day and watch them for signs of heat illness.
- Speak with your doctor about any medications you are taking to learn whether they may interfere with your body's ability to regulate temperature.
- Do not use salt tablets unless directed to do so by a physician.

For more information about the cooling centers, contact the Detroit Health Department at (313) 876-4000.

# List of Detroit Cooling Centers

## Recreation Centers -- Summer Hours



### Adams / Butzel Center

10500 Lyndon Detroit, MI

(313) 628-0990

Monday - Friday 8 a.m. - 8 p.m.

Saturday Closed

Sunday Closed



### Butzel Family Center

7737 Kercheval, Detroit, MI 48214

(313) 626-2100

Monday - Friday, 8:00 am – 8:00 pm

Saturday & Sunday Closed



### Clemente Recreation Center

2631 Bagley, Detroit, 48216

(313) 628-0228

Monday - Friday 8 a.m. - 8 p.m.

Saturday Closed

Sunday Closed



### **Crowell Recreation Center**

15530 Lahser, Detroit, 48219

(313) 628-2050

Monday – Friday 8 a.m. - 8 p.m.

Saturday Closed

Sunday Closed



### **Coleman Young Community Center**

2751 Robert Bradby Dr. , Detroit, MI 48207

(313) 628-0995

Monday - Friday, 8 am – 8 pm

Saturday Closed

Sunday Closed



### **Farwell Recreation Center**

2711 E. Outer Drive, Detroit, 48234

(313) 628-2028

Monday – Friday 8:00 a.m. - 8:00 p.m.

Saturday Closed

Sunday Closed



### **Heilmann Recreation Center**

19601 Crusade, Detroit, MI 48205

(313) 628-9334

Monday - Friday 8 a.m. - 8 p.m.

Saturday Closed

Sunday Closed



### **Kemeny Recreation Center**

2260 S. Fort, Detroit, 48217

(313) 628-2819

Mon-Fri: 8 am-8 pm

Saturday Closed

Sunday Closed



### **Lasky Center**

13200 Fenelon, Detroit, 48212

(313) 628-2030

Monday - Friday 8 a.m. - 8 p.m.

Saturday Closed

Sunday Closed



### **Northwest Activities Center**

18100 Meyers Rd, Detroit, MI

Monday - Friday 6 a.m. 10 p.m.

Saturday - Sunday 7 a.m. - 10 p.m.



### **Patton Recreation Center**

2301 Woodmere, Detroit, 48209

(313) 628-2000

Monday – Friday 8 a.m. - 8 p.m.

Saturday Closed

Sunday Closed



### **Williams Recreation Center**

8431 Rosa Parks Blvd., Det., 48206

(313) 628-2039

Monday – Friday 8:00 a.m. - 8:00 p.m.

Saturday Closed

Sunday Closed

Call the Detroit Parks & Recreation Department at (313) 224-1100 for more information.

# Libraries

For more information, contact the library branches at the numbers listed below.



### **Main Library**

5201 Woodward Ave., Detroit, MI 48202

313-481-1300

Tuesday & Wednesday Noon - 8 p.m.

Thursday, Friday & Saturday 10 a.m. - 6 p.m.

Sunday (Oct - May) 1 p.m - 5 p.m



### **Campbell Branch**

8733 W. Vernor / Springwell Detroit, MI 48216

313-481-1550

Tuesday, Thursday & Saturday 10 a.m. - 6 p.m.

Monday & Wednesday Noon - 8 p.m.



### **Chandler Park Branch**

12800 Harper/Dickerson, Detroit, MI 48213

(313) 481-1560

Wednesday & Saturday: 10:00 am - 6:00 pm

Thursday : Noon - 8 p.m.



### **Chaney Branch**

16101 Grand River / Greenfield Detroit, MI 48227

313-481-1570

Monday, Wednesday & Saturday 10 a.m. - 6 p.m.

Tuesday & Thursday Noon - 8 p.m.



### **Chase Branch**

17731 W. Seven Mile Rd. / Southfield Detroit, MI 48235

313-481-1580

Monday, Wednesday & Saturday 10 a.m. - 6 p.m.

Tuesday & Thursday Noon - 8 p.m.

**Conely Branch**

4600 Martin/Michigan Detroit, MI 48210

313-481-1590

Monday, Wednesday & Saturday 10 a.m. - 6 p.m.

Tuesday & Thursday Noon - 8 p.m

**Douglass Branch for Specialized Services**

3666 Grand River / Trumbull Detroit, MI 48208

313-481-1707

Monday - Friday 10 a.m. - 6 p.m.

**Edison Branch**

18400 Joy Rd / Southfield Fwy Detroit, MI 48228

313-481-1720

Tuesday, Thursday & Saturday 10 a.m. - 6 p.m.

Monday & Wednesday Noon - 8 p.m.

**Elmwood Park Branch**

550 Chene / Lafayette Detroit, MI 48207

313-481-1730

Monday, Wednesday & Saturday 10 a.m. - 6 p.m.

Tuesday & Thursday Noon - 8 p.m.

**Knapp Branch**

13330 Conant / E. Davison Detroit, MI 48212



313-481-1770

Tuesday, Thursday & Saturday 10 a.m. - 6 p.m.

Monday & Wednesday Noon - 8 p.m.



### **Sherwood Forest Branch**

7117 W. 7 Mile Rd./Livernois Detroit, MI 48221

313-481-1840

Monday, Wednesday & Saturday 10 a.m. - 6 p.m.

Tuesday & Thursday Noon - 8 p.m.



### **Wilder Branch**

7140 E. 7 Mile Rd / Van Dyke Detroit, MI 48234

313-481-1870

Wednesday Noon - 8 p.m.

Thursday & Saturday 10 p.m. - 6 p.m.

Sunday (Oct -May) 1 p.m. - 5 p.m.

## **CONTACTS**

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Detroit Homeland Security & Emergency Management  
(313) 596-2590



Lawrence Meyer  
Director



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Deputy Director



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